



European Society  
of Endocrinology

# ECE 2024

26th European Congress of Endocrinology

11–14 May 2024, Stockholm, Sweden

## Preliminary Programme

### KEY DATES

ABSTRACT SUBMISSION DEADLINE

**Monday 22 January 2024** (23:59 CET)

SUPER EARLY BIRD REGISTRATION DEADLINE

**Monday 25 March 2024** (23:59 CET)

EARLY BIRD REGISTRATION DEADLINE

**Monday 22 April 2024** (23:59 CEST)



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[www.ese-hormones.org/ece2024](http://www.ese-hormones.org/ece2024)

# ECE 2024

26th European Congress of Endocrinology



Dear Colleagues,

It is with the greatest pleasure that we extend our warmest invitation to you to join us for the 26th European Congress of Endocrinology (ECE 2024). We very much hope you will join us at Stockholmsmässan in Stockholm, Sweden, where we will be convening over four days for a programme filled with the latest endocrine research and developments.

Drawing participation from more than 4,000 delegates representing over 100 countries, ECE maintains its status as a key global Congress for endocrine specialists. As a diverse community engaged in multifaceted areas of research, clinical and patient care, encompassing the wide spectrum of endocrine-related conditions and health issues, we encourage you to attend ECE to access a comprehensive programme that spans the entire breadth of our field.

We will continue to further the understanding and application of endocrine science, ultimately benefiting the lives of patients. Whatever your interests, there will be sessions that are of direct relevance, as well as extensive networking and opportunities to meet representatives from patient advocacy groups and industry.

The ECE 2024 programme features leading names in our field; and we are delighted to be welcoming Nobel Laureate Sir Peter Ratcliffe to the Congress, who will deliver a Plenary session on Hypoxia as part of our Opening Ceremony on Saturday 11 May, in addition to the popular EYES Early Career, Nurses, UEMS, Endo-ERN and ESE Guidelines sessions.

Throughout the Congress, our expert speakers will explore some of the most topical and controversial issues in endocrine research and practice. The easily navigated programme is organised according to the eight ESE Focus Areas:

- Adrenal and Cardiovascular Endocrinology
- Calcium and Bone
- Diabetes, Obesity, Metabolism and Nutrition
- Endocrine-related Cancer
- Environmental Endocrinology
- Pituitary and Neuroendocrinology
- Reproductive and Developmental Endocrinology
- Thyroid

We hope you will join us in beautiful Stockholm and enjoy networking with colleagues from across the globe along with the breath-taking landscapes and unique atmosphere of Sweden. Sweden has a strong commitment to sustainability and green initiatives, reflected in its eco-friendly cities and eco-conscious lifestyle, and this will be at the heart of our Congress planning.

If you are unable to attend in person, you can join remotely through ECE@Home and, whether you choose to attend in person or online, you can also catch up on any sessions you may have missed on ESE On Demand.

We invite you to actively participate in ECE 2024 by submitting your abstract, registering for one of the pre-Congress events and, of course, joining us at the Congress itself.

We look forward to welcoming you in person in Stockholm or online via ECE@Home.

**Cynthia Andoniadou** (UK)  
*ESE Congress Committee Chair*

**Darko Kastelan** (Croatia)  
*ECE 2024 Clinical Co-Chair*

**Suzanne Dickson** (Sweden)  
*ECE 2024 Basic Science Co-Chair*

**Charlotte Höybye** (Sweden)  
*Chair of Local Organising Committee*

## ECE 2024 Programme Organising Committee

**Cynthia Andoniadou** (UK)  
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**Darko Kastelan** (Croatia)  
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**Charlotte Höybye** (Sweden)  
*ECE 2024 LOC Chair*

**Aleksandra Buha Djordjevic** (Serbia)

**Pia Burman** (Sweden)

**Waljit Dhillo** (UK)

**Helena Filipsson Nyström** (Sweden)

**Manuel Gahete** (Spain)

**Neil Gittoes** (UK)

**Peter Igaz** (Hungary)

**Tomaz Kocjan** (Slovenia)

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**Juan Pedro Martinez Barbera** (UK)

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**Stefan Pilz** (Austria)

**Ferruccio Santini** (Italy)

**Marianne Skovsager Andersen** (Denmark)

### EX OFFICIO MEMBERS

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**Wiebke Arlt** (UK) *ESE President-Elect and EJE Editor-in-Chief*

**Djuro Macut** (Serbia) *ESE Treasurer*

**Adrian Clark** (UK)  
*Endocrine Connections Editor-in-Chief*

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*ECAS Representative*

**Walter Vena** (Italy) *EYES Representative*

**Frederic Castinetti** (France)  
*Endo-ERN Representative*

**Sebastian Neggers** (The Netherlands)  
*ESE Rare Disease Committee Chair*

### Local Organising Committee

**Charlotte Höybye** (Stockholm) *LOC Chair*

**Michael Alvarsson** (Stockholm)

**Sophie Bensing** (Stockholm)

**Katarina Berinder** (Stockholm)

**Sigrídur Björnsdóttir** (Stockholm)

**Jan Calissendorff** (Stockholm)

**Olle Kämpe** (Stockholm)

**Mikael Rydén** (Stockholm)

# Programme Features

Commencing with the **Pre-Congress Events on Saturday 11 May** on Thyroid Ultrasound, Nurses and our collaboration with the European Academy of Andrology (EAA) and with the Growth Hormone Research Society (GRS), ECE 2024 will provide an enriched learning experience, offering valuable insights that complement the comprehensive scientific programme. In addition, this year we are delighted that the Androgen Excess and PCOS Society Update Meeting will take place on Friday 10 May, just prior to ECE 2024.

**The European Women in Endocrinology Group** (EUWIN), established by ESE in 2022 to champion opportunities and foster diversity for women in the field and within ESE, will mark its third year at ECE 2024. This year there will be a dedicated EUWIN session and valuable networking opportunities for all participants to exchange ideas and explore ways to further strengthen the Group's peer to peer support and other initiatives.

**European Hormone Day (EHD) 2024** will also feature at ECE, as we continue to collectively work to raise awareness of the crucial role hormones play in maintaining health and overall wellbeing amongst policy and decision makers across Europe. Materials, information and activities supporting this key strand of ESE's policy and advocacy programme will be available on the dedicated EHD stand so you can fully engage with the 2024 Awareness Day campaign.

The Congress will offer dedicated networking opportunities, including an informal social event, New Members welcome, and the popular EYES Social evening.

Joint sessions with other societies including the European Society of Endocrine Surgeons, Androgen Excess and PCOS Society and many others are also being planned.

## Programme Highlights

The full programme is available at [www.es-e-hormones.org/ece2024](http://www.es-e-hormones.org/ece2024)

### PLENARY SESSIONS

#### PLENARY 1

##### Hypoxia

Sir Peter Ratcliffe (UK)

#### PLENARY 2

##### The clinical importance of high resolution, automated, ambulatory measurement of tissue steroids

Stafford Lightman (UK)

#### PLENARY 3

##### The silent decline: unlocking the enigma of dropping sperm counts and fertility rates

Shana Swan (USA)

#### PLENARY 4

##### From molecular biology to precision medicine in endocrine tumors: Are we there yet?

Constantine Stratakis (Greece)

#### PLENARY 5

##### TBC

#### PLENARY 6

##### Focus on the pancreas

Patrik Rorsman (UK)

### AWARD LECTURES

#### GEOFFREY HARRIS

**AWARD LECTURE** - Sponsored by Ipsen

##### Hypothalamic control of energy and glucose homeostasis

Jens Brüning (Germany)

#### EUROPEAN JOURNAL OF ENDOCRINOLOGY AWARD LECTURE

TBC

#### EUROPEAN HORMONE MEDAL LECTURE

##### Mortality and morbidity in rare pituitary and adrenal endocrine disorders

Gudmundur Johannsson (Sweden)

#### EUROPEAN ENDOCRINE NURSE AWARD LECTURE

##### Transformation of German Endocrinology Assistants

Kathrin Zopf (Germany)

#### TRANSATLANTIC ALLIANCE AWARD LECTURE

##### Primary aldosteronism – solutions, insights and challenges

Felix Beuschlein (Germany)

#### CLINICAL ENDOCRINOLOGY JOURNAL FOUNDATION AWARD LECTURE

##### Early menopause: is it a different entity than premature ovarian insufficiency?

Panagiotis Anagnostis (Greece)

#### JENS SANDAHL CHRISTIANSEN AWARD

##### BASIC SCIENCE: Median eminence oligodendrocyte plasticity regulates neuroendocrine output, energy and glucose homeostasis

Clemence Blouet (France)

##### CLINICAL: The use of sodium-glucose cotransporter type 2 inhibitors (SGLT-2i) in a particular conditions such as reactive hyperinsulinaemic hypoglycaemia following gastrectomy

Giuseppe Bellastella (Italy)



# IN-PERSON PROGRAMME OVERVIEW

All times shown are in local time (Central European Summer Time)

The full programme will be available shortly at [www.eese-hormones.org/ece2024](http://www.eese-hormones.org/ece2024)

Sessions marked  will be live-streamed



All information in this scientific programme is correct at the time of going to print 14 September 2023. The congress organisers and ESE reserve the right to amend the times and speakers without notice.

# Join ECE 2024



## IN PERSON

Join us in Sweden to connect with peers and world-renowned speakers face-to-face. Ask questions directly during sessions, join debates and discussions and network with colleagues from various countries throughout the Congress. Visit the exhibition hall to find out about the latest developments from industry and Patient Advocacy Groups, as well as viewing posters and attending informative ECE Hub sessions. In-person registration also includes access to all the recorded content as soon as it becomes available via ESE On Demand, so you can easily catch up on sessions you may have missed.



## ECE@HOME

If you are unable to join us in person, you can participate virtually with ECE@Home.

Selected talks\* will be live streamed so you can be part of the action in Sweden and ask questions through the Congress virtual attendance platform which will be answered live. The Plenary sessions, prestigious Award Lectures, the Nurses' programme and EYES sessions, plus selected industry-sponsored satellite symposia, Mini-satellites and ECE Hub sessions, will all be available to view in real-time. You'll be able to catch up on all the other sessions at a time that suits you via ESE On Demand. Content will be available to any registered delegates who are not ESE-Members for 60 days following the Congress, while all ESE Members who register for ECE will benefit from ongoing access!

\*View the ECE@Home programme below for a full list of live streamed sessions.

## CME ACCREDITATION

We are applying for accreditation from the European Accreditation Council for Continuing Medical Education (EACCME®) for ECE 2024. CME points are available for those attending in person and online, (via ECE@Home or on ESE On Demand), for up to two weeks after the Congress.

## ESE GRANTS TO SUPPORT ATTENDANCE

ESE Members can apply for a Meeting Grant, Basic Science Meeting Grant or Nurse Grant (worth up to €400) to support the cost of attending ECE in person. To find out more information about Grants available please visit our website at [www.eese-hormones.org/grants-and-awards](http://www.eese-hormones.org/grants-and-awards).

## ESE MEMBERSHIP

Remember to renew your ESE membership for 2024 to access the member rate for ECE 2024 and continue to enjoy the many benefits ESE membership provides and stay connected with the endocrine community. Or why not become a member and access reduced registration fees and extended access to ESE On Demand among many other benefits of being a member!

## Submit an Abstract

Do you have an interesting or challenging case that would improve others' ability to treat endocrine disease? Or a piece of cutting-edge research that would advance the understanding of endocrinology? Don't miss the chance to submit your latest work to the premier European endocrinology Congress.

Visit [www.eese-hormones.org/ece2024](http://www.eese-hormones.org/ece2024) for more information on how to prepare and submit your abstract using our simple online submission system. The deadline for abstract submission is Monday 22 January 2024 (23:59 CET).



## ECE@HOME PROGRAMME OVERVIEW

Broadcast live from Stockholm, Sweden

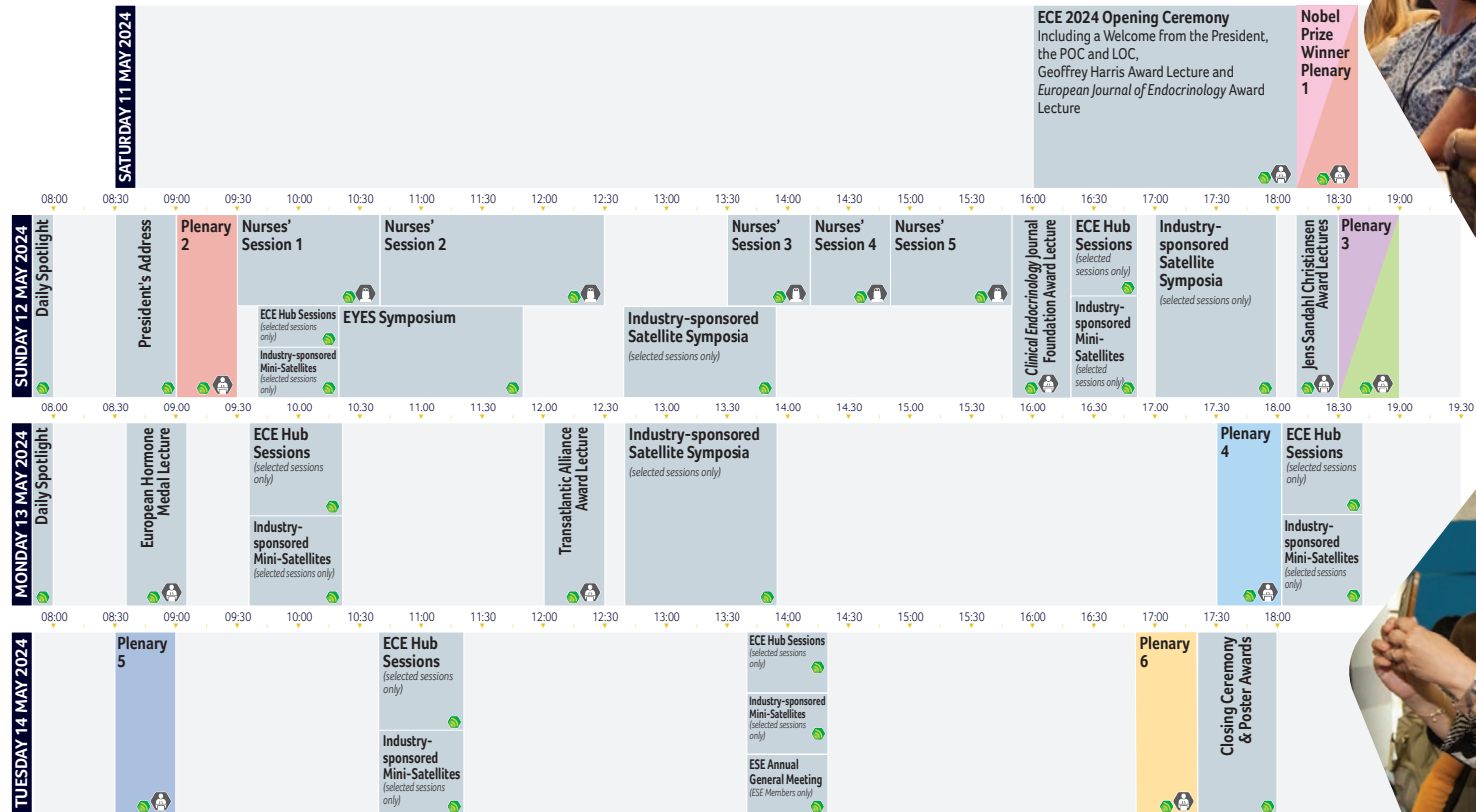
All times shown are in local time (Central European Summer Time)

As with our previous two Congresses, a selection of sessions within the ECE 2024 programme will be available live to those who register for the ECE@Home option. You will also be able to access all of the programme content on ESE On Demand as soon as it is available (usually one to two hours after the live session) - all from the comfort of your own home.

The full programme is available at [www.eese-hormones.org/ece2024](http://www.eese-hormones.org/ece2024)

### SESSION TYPE KEY

- Plenary Session
- Nurses' Session



**ECE 2024 Opening Ceremony**  
Including a Welcome from the President, the POC and LOC, Geoffrey Harris Award Lecture and European Journal of Endocrinology Award Lecture

**Nobel Prize Winner Plenary 1**



# Welcome to Stockholm

## GETTING TO STOCKHOLM

Travelling to Stockholm from Stockholm Arlanda Airport is convenient and accessible, with several transportation options available when you land.

### From Stockholm Arlanda Airport:

**ARLANDA EXPRESS TRAIN:** The quickest way to reach Stockholm City Centre from Arlanda Airport is by taking the Arlanda Express train. The train departs directly from the airport every 5-10 minutes and takes approximately 18 minutes to reach Stockholm City Centre. Tickets can be conveniently purchased online or at the information desk in the arrivals hall, or from the designated ticket machines.

**AIRPORT BUSES:** Another option is to take an airport bus, such as the Flygbussarna or FlixBus, which connects the airport to various locations in the city. The travel time by bus varies depending on traffic but typically takes around 45 minutes to 1 hour.

**TAXI:** Taxis are readily available at the airport, and you can either order one through a ride-sharing app like Uber or pick one up at the taxi rank located directly outside the arrivals area.

### From Stockholm City Centre to Stockholmsmässan:

**COMMUTER TRAIN (Stockholms Pendeltåg):** To travel from Stockholm City Centre to Stockholmsmässan, you can take the Stockholms Pendeltåg (Stockholm Commuter Train). The closest train station is Älvsjö station and sits directly outside the congress centre. The journey typically takes around 10 to 15 minutes.

**TAXI FROM STOCKHOLM CITY CENTRE:** To ensure you get the best rates, we recommend ordering a taxi through the Uber service on your phone or simply finding one at the taxi rank located directly outside the station. This way, you can easily and comfortably reach Stockholmsmässan without overpaying for your journey.

## WHERE TO STAY

A wide selection of accommodation is available to you at exclusive reduced rates. All hotels are conveniently situated within reasonable proximity to the Congress venue, with excellent transport links across the City. To explore the full list of accommodation options, please visit our ECE 2024 Accommodation Page

For your convenience, we encourage you to secure your stay online at [www.ese-hormones.org/ece2024](http://www.ese-hormones.org/ece2024), to guarantee you the exclusive ECE 2024 rate. By booking early, you'll also enjoy the added benefit of priority 'preferred guest' booking at some of Stockholm's top hotels, ensuring a delightful and comfortable stay throughout the Congress.

*Information correct as at 5 October 2023.*

## THANKS TO OUR CORPORATE MEMBERS

ESE would like to thank our Corporate Members for their ongoing support:

### PREMIUM MEMBERS:



### STANDARD MEMBERS:

Ascendis Pharma  
Diurnal, a Neurocrine  
Biosciences Company  
Ipsen  
Neurocrine Biosciences  
Uni-Pharma

### SUPPORTERS:

Crinetics Pharmaceuticals  
Horizon Therapeutics

*Corporate Member list correct at time  
of print – 5 October 2023*



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